

# **Curriculum Vitae**

Dr: Nahid Khalil Elfaki

Associate Professor  
Community Health Nursing

**(1) Personal Data:**

1. Name: Nahid Khalil Elfaki
2. Place and date of birth: Sudan – 1/1/1969
3. Marital Status: Married
4. Specialty: Community health nursing
5. E-mail: [nahid1768@hotmail.com](mailto:nahid1768@hotmail.com)
6. Current Address: Najran University-college of nursing

**(2) Qualifications:**

Degree	University	Country	Grade	Date of award	Major	Minor specialty
Post PhD Professional Diploma	London Academy for Training & Education	UK		July, 2023	Nursing	General Nursing
Ph.D	University of AlNeelain	Sudan		21/6/2016	Nursing	Community health nursing
MSc	University of Maastricht	Netherlands	Very good	20/10/1998	Nursing	Public Health
BSc	University of khartoum	Sudan		26/11/1984	Nursing	Nursing sciences
Diploma	International nursing foundation	Japan		July, 1991	Nursing	ICU/CCU Nursing
PhD online	American World University	USA		September/ 2008	Nursing	Nursing Administration
MSc. Thesis	Decentralization of health care system- case of Sudan					
PhD Thesis	Impact of health education in promoting knowledge, attitude and practice among primary school students towards dental caries in Najran city- Saudi Arabia (Alfahad Location)					

### **3-Languages:**

No.	Language	Level
1	Arabic	Mother tongue language
2	English	Excellent
3	Japanese	Fair

### **(4) Experiences (Academic and other)**

No.	Job title	Employer	Start date	End date
1	Associate professor in community health nursing	Najran university	2020	Up to date
2	Assistant professor in community health nursing	Najran university	2016	2020
3	Lecturer	Najran university	2009	2016
4	Lecturer	Sebai Institute-Jeddah-KSA	September, 2002	July 2009
5	Lecturer	Upper Nile university - Sudan	September, 2000	2002
6	Teaching assistant	Upper Nile university - Sudan	1995	1997

### **(5) Scientific membership:**

No.	Journal / body address
1	Advisory board member at Prince Sultan Military College for Health Sciences
2	Reviewer on - Journal of Tropical Medicine and Health. <a href="https://www.gavinpublishers.com/journals/journals_medicine-and-health.html">https://www.gavinpublishers.com/journals/journals_medicine-and-health.html</a>
3	Editor on International Journal of Healthcare & Biomedical Research (IJHBS); <a href="http://www.ijhbs.com/index.php/ijhbs/about/editorialTeam">http://www.ijhbs.com/index.php/ijhbs/about/editorialTeam</a>

4	Associate Editor in journal of <b>Medico Research Chronicles</b> -ISSN No. 2394-3971- <a href="#">Indexing: NLM Catalogue NCBI, Indxe Copernicus ICV 77.28</a> <a href="http://www.medrech.com">site: www.medrech.com</a>
5	Reviewer in Merit Research Journal of medicine & medical sciences. <a href="http://www.meritresearchjournals.org/mms/index.htm">http://www.meritresearchjournals.org/mms/index.htm</a>
6	Reviewer on - <b>International Journal of Autism &amp; Related Disabilities</b> - Gavin Publishers - IL 60532, USA. <a href="https://www.gavinpublishers.com/contact">https://www.gavinpublishers.com/contact</a>

### **(6) Conferences and workshops:**

No.	Activity	Organized by	Period	Date
1	Keynote speaker People of special needs - event	Dental College- Najran University	1 hour	Jan, 2023
2	scientific dialogue entitled: Scientific theft & research ethics	IFAD - Scholars and Academics Platform-Malaysia	2 hours	August, 2023
3	International scientific conference & workshops: Scientific Research: Future challenges vs present situation	Libyan University of Humanities & Applied Sciences	5 days (18 hours)	June, 2023
4	workshop entitled: Time management in scientific research	IFAD - Scholars and Academics Platform- Lebanon	2 hours	August 3 <sup>rd</sup> , 2023
5	Attending International scientific conference in Artificial Intellegence techniques (AIT)	Scientific Event gate- Malaysia	2 days	16-17 July, 2023
6	webinar entitled: Mind maps & scientific research	IFAD - Scholars and Academics Platform- Jordan	2 hours	29 july 2023

7	scientific webinar entitled: Writing research & documenting references according to the method & standards of APA Seventh Edition - Practical workshop	IFAD - Scholars and Academics Platform- Lebanon	2 hours	July 2023
8	workshop entitled: ChatGpt in Medical & social research	IFAD - Scholars and Academics Platform- Leybia	3 hours	11 June, 2023
9	workshop entitled: Testing hypothesis: Traditional approach vs expected value	Scientific Event gate- Malaysia	2 hours	June 5 <sup>th</sup> , 2023
10	scientific webinar entitled: Supervising Research Students	King Saud University- College of medicine- medical education dept.	3 hours	Feb., 2021
11	7 <sup>th</sup> Internaltional Nursing conference entitled: Trends & Future Vision in Nursing	Tanta University in Egypt + North Carolina University - USA	2 days	25-26, May 2020
12	Presented scientific paper at International Conference – "Scientific Research in the Higher Education"	Gulf University Manama- Bahrain	3 days	Jan. 8-10 2019
13	Training Course in how to design an educational plan	Najran University- deanship of quality	One day (5 hours)	14/1/2019
14	Training course about how to implement blackboard system	Najran University- deanship of quality	2 days	13-14/12/2018
15	Training course in advanced legal skills for the academic leaders	Najran University- deanship of quality	one day	28/10/ 2018
16	Workshop & training course in utilizing the unified system for measuring learning outcomes	Najran University- deanship of quality	2 day	13-14/3/2017

17	Training course in END NOTE	Najran University-deanship of quality	One day	8/3/ 2017
18	Workshop & training course in how to construct & manage a research team	Najran University-deanship of quality	2 days	1-2/3/2017
19	Training course in performance indicators for the evaluating & benchmarking of research in universities	Najran University-deanship of quality	One day	12/10/2016
20	Training course in Statistical Method using SPSS.	Najran University-Nursing college	1 day	March, 2014.
21	Workshop & training course in how to develop subjects matrix,	Najran University-deanship of quality	2 days	23 – 24/4/2013
22	Workshop & training course on quality assurance standards for the teaching institutions	Najran University-deanship of quality	2 days	17 – 18/2/2013
23	Workshop & training course on how to set exams & students' assessment methods	Najran University-deanship of quality	2 days	26 – 27/11/2012
24	Workshop & training course on research methodology & how to write a scientific paper	Najran University-deanship of quality	2days	11 – 12/ 11/ 2012
25	Training course on e-learning	Najran University-deanship of quality	1 day	11/5/2011

26	Training course in how to set an exam	Sebai Institute Jeddah, KSA	1 day	May, 2005
27	Workshop & Seminar in medical & health education	University of Aldorate -Kenya	5 days	July, 2002
28	Training course on educational planning for medical & health staff at medical & health collages	University of Khartoum- College of medicine- Sudan	3 weeks	April - May, 2001
29	Workshop in how to empower communities in health issues	Gulf University in collaboration with Maastricht University	3 day	Feb., 2000
30	Workshop on leadership development of community health professionals & educators	University of Gezira & Arabian Gulf University	3 days	March, 1999

**(7) Administrative experiences:**

No.	Job title	Employer	Start date	End date
1	Community Health Nursing dept. coordinator	Najran university - Nursing College	1433	Till now
2	Coordinator of Nursing College	Najran university - Nursing College	1437	Till Safar, 1440
3	Head department of Nursing	Sebai Institute, Jeddah	Sep. 2002	2009
4	Director of Nursing college	Upper Nile University, Sudan	1999	July, 2002



**(8) Teaching subjects:**

	<b>Subject</b>
	<b>Community health nursing</b>
	<b>Epidemiology &amp; Vital statistics</b>
	<b>Primary health care</b>
	<b>Research methodology</b>
	<b>Graduation project</b>
	<b>Health education</b>
	<b>Mental Health Nursing</b>
	<b>Teaching &amp; Learning principles</b>
	<b>Health assessment</b>

## **(9) Publications:**

1. Effectiveness of Community Health Nursing Programs in Preventing Infectious Diseases. Journal of Xi'an Shiyou University, Natural Sciences Edition. 2023; 8 (66), 164-172
2. Cutaneous Leishmaniasis: Associated Risk Factors and Prevention in Hubuna, Najran, Saudi Arabia. International Journal of General Medicine. 2023; 16, 723-731
3. Self-reported depression and anxiety rates among females with cutaneous leishmaniasis in Hubuna, Saudi Arabia. PeerJ. 2023; 1-15.
4. Parental health-seeking behavior on self-medication, antibiotic use, and antimicrobial resistance in children. Saudi Pharmaceutical Journal. 2023; 31 (2023) 101712
5. Attitudes of Patients Attending Omdurman Teaching Hospital VCT Center, Sudan toward HIV/AIDS Voluntary Counseling and Testing Services. Sudan Journal of Medical Science. 2023;18 (2), 153-164.
6. Awareness, Seeking Behaviors and Preventive Practices towards COVID-19 among Najran University Students: Journal of Pharmaceutical Research International. 2022 34 (4A), 27-34
7. Monitoring the Risk Factors Associated with Asthma among Saudi Adults in Najran: Challenges in Disease and Health Research. 2021; Vol. 5, 105-112
8. The Coronavirus Disease Pandemic: Assessment of Perceived Barriers and Threats among Undergraduate University Students in Saudi Arabia: Journal of Pure and Applied Microbiology. 2021; 15 (1), 155-163.
9. Self-efficacy for taking preventive measures against COVID-19 among undergraduate university students in Saudi Arabia: Journal of Pure and Applied Microbiology.2021; 15 (1), 130-137
10. Influence of Sleep on Academic Performance among Nursing students-Najran University; KSA. International Journal of Health and Biological Sciences. 2018; 1(1): 1-5
11. Bronchial Asthma prevails among Saudi Adults in Najran, Saudi Arabia. J Clin Trials Res. 2018; 1(1): 3-4.

12. Dental fluorosis prevails among primary schools' students in Najran- Saudi Arabia. Merit Research Journal of Medicine and Medical Sciences. 2018; 6(3):121-125
13. Risk Factors associated with asthma among Saudi adults in Najran, Saudi Arabia. Merit Research Journal of Medicine and Medical Sciences; December, 2017. Vol. 5(12) pp. 660-665,
14. Exploring Knowledge, Attitudes and Practices of ICU Health Workers Regarding The Spread of Nosocomial Infections (King Khalid Hospital –Najran: Quest Journals Journal of Medical and Dental Science Research. Volume 4~ Issue 3 (2017) pp: 08-13
15. Factors associated with stress among nursing students (Najran University - Saudi Arabia): IOSR Journal of Nursing and Health Science (IOSR-JNHS), December, 2015. Volume 4, Issue 2 . PP 33-38
16. Impediments to Nursing Profession in Najran-Saudi Arabia: IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320–1959,p- ISSN: 2320–1940 Volume 4, Issue 2 Ver. II (Mar.-Apr. 2015), PP 60-64
17. Health Education Promotes Knowledge and Practices of Oral Health among Schoolchildren. IOSR Journal of Dental and Medical Sciences (IOSR-JDMS) e-ISSN: 2279-0853, p-ISSN: 2279-0861. Volume 14, Issue 4 Ver. VIII (Apr. 2015), PP 54-61
18. Association between hereditary factor and dental caries among school aged children in Najran – KSA. IOSR Journal of Dental and Medical Sciences (IOSR-JDMS) e-ISSN: 2279-0853, p-ISSN: 2279-0861. Volume 14, Issue 10 Ver. XI (Oct. 2015), PP 47-50
19. Influence of Socioeconomic Status on Dental Health among Primary School Children in Najran; KSA . IOSR Journal of Dental and Medical Sciences (IOSR-JDMS) e-ISSN: 2279-0853, p-ISSN: 2279-0861. Volume 14, Issue 8 Ver. VII (Aug. 2015), PP 54-57
20. Prevalence of Dental Caries among Primary School Attendees in Najran-Saudi Arabia. IOSR Journal of Dental and Medical Sciences (IOSR-JDMS) e-ISSN: 2279-0853, p-ISSN: 2279-0861. Volume 13, Issue 11 Ver. V (Nov. 2014), PP 37-41
21. Challenges Confronting Scientific Research: A Systematic Review. International Journal of Trend in Scientific Research and Development (IJTSRD). May, 2019; 3(4):1-3. Volume: 3   Issue: 4   May-Jun 2019
22. Iron Deficiency Anemia and Associated Risk Factors among Teenagers in Najran, Saudi Arabia. International Journal of Medical Research & Health Sciences, 2019, 8(5): 108-114.
23. Impact of e-learning vs traditional learning on students' performance and attitude: International Medical Journal. 2019; 24(3): 225 – 233. Volume 24, Issue 03, December, 2019.

24. Inventory of Learning Styles for Healthy College Students and Developing Learning Strategies at Najran University: International Medical Journal. 2020; 25(1): 79-90. Volume 25, Issue 01, January, 2020.
25. Perceived Barriers and Threats during COVID-19 Pandemic among Saudi Students at Najran University: Sylwan Journal, 164(8): 230 – 241. Volume 164, Issue 08, Aug 2020.
26. Self-Efficacy at Time of COVID-19 Pandemic among Najran University Students, Kingdom of Saudi Arabia. Journal of pure and applied microbiology, Feb. 2021; 115(1): 130 – 138.
27. Challenges and Future Vision to Improve Nursing Practice- A Systematic Review. Texila International Journal of Nursing; 5(2): 1-7. Volume 5, Issue 2, Jul 2019.
28. Awareness, Health Seeking Behaviors and Preventive Measures towards COVID-19 among Najran University Students. Authorea. August 03, 2020. DOI: 10.22541/au.159646066.66986070
29. COVID-19 Outbreak: Effect of an Educational Intervention Based on Health Belief Model on Nursing Students' Awareness and Health Beliefs at Najran University, Kingdom of Saudi Arabia. African Journal of Reproductive Health June 2020 (Special Edition on COVID-19); 24 (2):78-86; Vol 24, No 2 (2020)
30. The role of Interleukins as biomarkers in early detection of Colorectal cancer. Sylwan Journal; Aug 2020; 164(8):24-36.
31. <b>Book :</b> Rheumatoid arthritis and Matrix Metalloproteinases (MMPs): MMPs role in the disease process, as a diagnostic tool, and therapeutic target. DOI: 978-603-02-5571-9; 1439H. King Fahad Lib. Jeddah, KSA

### **(10) Community Participation activities**

<b>Activity</b>	<b>Place of implementation</b>
International Nursing day	Nursing college
Saudi National day	Health colleges building
Infection control & preventing measures during COVID-19	Police female employees
Health education program for cervical cancer	Preparatory college-Najran University
Oral hygiene for people with special needs	Dental college-Najran University
Hand hygiene during COVID-19	16 <sup>th</sup> secondary school for girls in Najran
Health education program about the missuse of antibiotics	Alazam mall- Najran
Your child health is our concern	Alazam mall- Najran
Importance of sports for chronic diseases	Applied college- Najran University
Health education about durg addiction	College of education _ Najran University
Health education about healthy food for diabetic persons	7 <sup>th</sup> intermediate school sport culb- Hay Alfahad- Najran
Blood Donation Campaign	Medical applied college- Najran University
Gulf Nursing day	Najran Park- Najran

## (11) Awards

 <p>جامعة نجران NAJRAN UNIVERSITY كلية التمريض شكر وتقدير يتقدم عميد كلية التمريض بجزيل الشكر وعظيم الامتنان للدكتورة ناهة خليل الفكي لتميزه الأكاديمي بقسم تمريض صحة المجتمع والصحة النفسية والعقلية للعام الدراسي 1444 هـ - 2023 م</p>	 <p>جامعة نجران NAJRAN UNIVERSITY عمادة البحث العلمي شكر وتقدير تقدم عمادة البحث العلمي بجامعة نجران بواحر الشكر والتقدير لسعادة د. ناهد خليل الفكي ادريس على مشاركتكم في فعاليات المصقات العلمية على مستوى مركز البحوث الصحية يوم البحث العلمي الثاني 2023 م 1444-10-12 هـ / 2023-05-02 م</p>	 <p>مُعْتَمَد ACCREDITED جامعة نجران NAJRAN UNIVERSITY كلية التمريض يسر كلية التمريض بجامعة نجران أن تتقدم بواحر الشكر والتقدير لـ د. ناهد خليل الفكي نظير جهودها المتميزة في إنجاح سير العملية التعليمية خلال العام الدراسي 1444 هـ متمنين لها دوام التوفيق والسداد عميد كلية التمريض د. محمد بن عبدالعزيز بن الشمراني</p>
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